

Holy Trinity News

Thursday 7th May 2020



Zoom Meetings

I hope that all of you are keeping safe and well. The teachers and Teaching Assistants are regularly speaking to all children in the juniors on Zoom. Please make sure you check your child's invitation so that you can

join. It is also set up for those who are attending the childcare at school.

Please note that if your child's teacher is at school supporting the keyworker children, there will not be a zoom meeting.

If you having any issues setting up zoom, please contact your teacher or the office and someone can help you. The office emails and answer phone are regularly checked.

Food parcels

The school is providing food parcels fortnightly for those families who are eligible for Free School Meals. If your circumstances have changed and you believe that you may be entitled to Free School Meals, please follow this link <http://www.fsm.lgfl.net>.



VE Day – 75 Years

I know many of you will be celebrating VE Day tomorrow. I am really looking forward to seeing the activities you get up to. I know many of you will be baking and celebrating in many different ways.

Weekly Collective Worship

Father Marius has a weekly Collective Worship on a Wednesday morning at 10am. It was lovely to see so many of you. We also got a chance to see the children at school.



If you would like to join us for collective worship please use the following link.

<https://zoom.us/j/4105570318>

Meeting ID: 410 557 0318

Password: 35654430

Home Learning

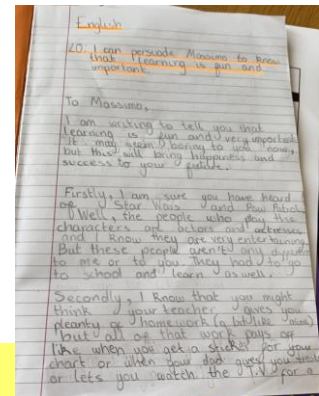
Ms Sheppard updates our home learning page on a Friday. Planning for each class from Nursery to Year 6. Please follow the links on the planning to get to the lessons.



Our keyworker children are completing the



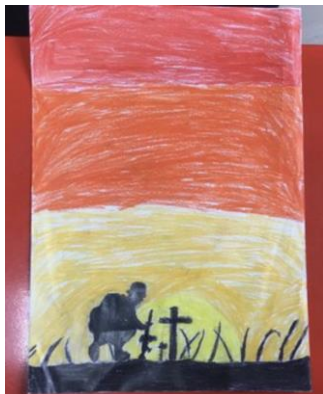
Chrissy in Y2 – VE Day medal



Superstar Learning

Look at the fantastic work we are doing during our learning time

home learning in school too. They have their own workspace to keep safe.



Tristan Y6E – WW1 silhouette creation

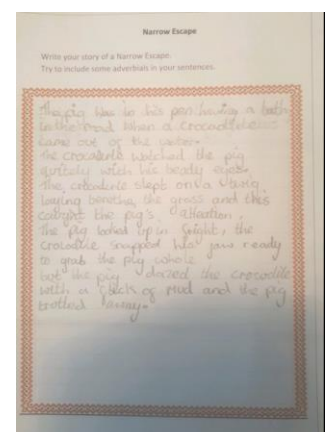
I recreated an abstract painting by Kandinsky. I used my watercolour pencils and used the water to blend some of the colours together. Kandinsky was famous for his abstract pictures and the bright colours he used.
Anna Y5



Zoard in Nursery – Aliens



Ishak in Reception –
The Very Hungry
Caterpillar



want to reassure you that we are still able to offer our advice to anyone who lives, works or studies in Barnet.

Finley D Y3 – Lowery



Robyn Year 4 –
Narrow Escape

While we have had to suspend all our face to face services until further notice, we are still offering the same advice services as before, over the phone and by e-mail. Although our offices remain closed, our staff and volunteers are now home working. Advice appointments are now by telephone and you can rest assured that we have the right systems in place to do this effectively.

Our service is free, confidential, impartial and independent. For advice, please complete the online form [here](#), or telephone our Helpline on 0300 456 8365. We have dedicated coronavirus advice webpages [here](#) and these are constantly kept up to date as new things are announced by the government.

Daisy Y6 – Letter to Massimo



Coco Y1 - Seasons

If you need help claiming Universal Credit call us on 0800 1448 444 We can help you apply to the EU Settlement Scheme - [click here](#) for further information

STARLINE: PARENT HELPLINE

A national helpline has been set up for parents and carers struggling with home-schooling and managing child behaviour during the Covid-19 crisis.

Advice and support

Citizens Advice Barnet help available during Coronavirus (Covid -19) Pandemic
<https://barnetcab.org.uk/>

We would like you to know what we at Citizens Advice Barnet are doing during the current situation, so that you can pass this onto your community if they need our help. We realise that there is a great deal of uncertainty around employment, benefits, debt and other issues at the moment and

Free, confidential advice is available six days a week by phoning the StarLine team on 0330 313 9162. Starline will also be broadcasting a weekly programme on YouTube, sharing practical ideas for home learning.

Further details can be found on the StarLine website www.starline.org.uk or follow @StarLineSupport on Twitter.

HELP AND SUPPORT

If you or someone you know is in need of urgent help and support at this time the London Borough of Barnet are asking you to Email: COVID19support@barnet.gov.uk.

If you are struggling to put food on the table and need help from a foodbank there are a few simple steps you would need to follow, the most important step is to get a foodbank voucher. If you google food banks in Barnet they will be able to provide the most appropriate help/advice for your circumstances as they work with local agencies.

Citizens Advice Barnet may also be able to help on 0300 456 8365 or

<http://www.citizensadvice.org.uk> If you are concerned about elderly family members in Barnet try contacting Age UK Barnet who are supporting an increasing number of older people and their relatives helping with:

- Food shopping
- Home delivered meals
- Admin tasks including setting up prescriptions delivered to the door

Email info@ageukbarnet.org.uk or phone 020 8203 5040.

**Are you struggling with
managing your stress during
this time of uncertainty?
You're not alone.**



**The Coronavirus (COVID-19) outbreak means
that life is changing for all of us for a while.
To help you keep on top of your mental
health and wellbeing, we are now offering
free online workshops accessible to
everyone.**



**The workshop will
cover tips and advice
about ways of using
Mindfulness Practice
to help you in
managing your stress.**

Free NHS online workshops

Topic: Coronavirus (COVID-19): Stress Management
and Mindfulness Practice

Date: Wednesday 13th May 2020

Time: 11:00am – 12:10pm

For more information and how to access the
workshops please email marian.farsani@nhs.net



**LET'S
TALK**

TALKING YOUR WAY TO
BETTER MENTAL HEALTH

NHS

Do you struggle to get to sleep no matter how tired you are? Or do you wake up in the middle of the night and lie awake for hours, anxiously watching the clock?

You're not alone.

The Coronavirus (COVID-19) outbreak means that life is changing for all of us for a while. To help you keep on top of your mental health and wellbeing, we are now offering free online workshops accessible to everyone.



The workshop will cover tips and advice about ways of understanding and managing your anxiety to help improve your sleep.

Free NHS online workshops

Topic: Coronavirus (COVID-19): Coping with Anxiety and Managing Sleep

Date: Thursday 7th May 2020

Time: 11:00am – 12:10pm

For more information and how to access the workshops please email marjan.farsani@nhs.net



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